

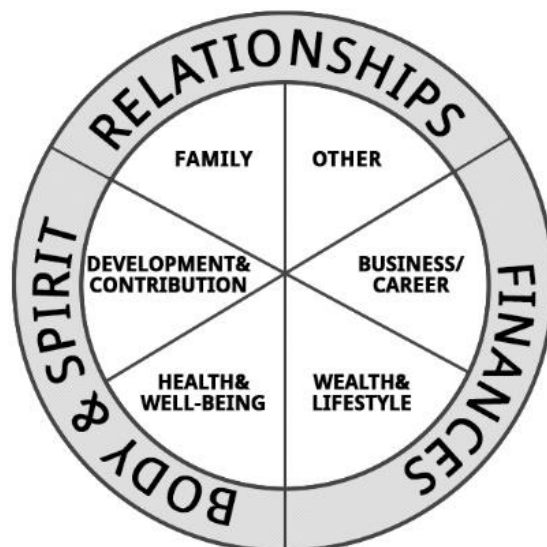


WHAT YOU WANT IN LIFE

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What's your life about?

Rate your happiness with the zones & areas of life right now out of 10. At 1, you've almost forgotten this existed, a 10 is living the dream.

1. Relationships
 - a. Family
 - b. Friends & Other relationships
2. Financial
 - a. Business/Career
 - b. Wealth & Lifestyle
3. Body & Spirit
 - a. Health and Wellbeing
 - b. Development & Contribution

It's important to realise that to have a fulfilling life, we need to look after all the sectors of our life.

Think about the people around you, family, friends and colleagues

- Your family, how much time you spend with them
- Your friends, what do you do with them, how often do you see them
- Your colleagues, both those working with you and also your clients, business associates etc...

Think about what you do to earn the money, your business or career

- What income are you earning
- What do you do
- How many hours a day/days a week/weeks a year
- We'll come back to more about the business later

Think about your home and where you live

- What does your home look like? (in detail)
- What's the yard like or if it's a unit, what's the complex like
- What creature comforts are there
- Where is it? Country, city & suburb
- Describe how it feels.

Think about the lifestyle you lead

- The car you drive
- The hours you work
- Where the office is & how that affects your life
- Where you go on holidays
- What do you do on a typical weekend
- Which charities do you support

Think about the wealth you have created

- How comfortable are you & the family
- Your investments
- When would you like to retire
- What would you like to do once you retire

Describe you general health

- Are you into fitness?
- What do you do for exercise
- How do you feel
- Describe how you look and feel

What are you doing to challenge yourself to grow & giving back

- What are you passionate about?
- Are you still looking to learn or study
- What charities/causes are you supporting